

## AquaFacial Post-Care

Just as it was important that you follow the pre-care instructions, it's also very important that you follow the post-care instructions to ensure a good result.

- ✓ The treated area may appear pink in color, this will resolve in 1-2 hours. The skin may feel tight, dry, and sensitive to the touch.
- ✓ It is recommended that makeup not be applied for at least 24 hours post treatment.
- ✓ Do not wash your face the day of treatment. Wash the treated area gently with a gentle cleanser and you may apply moisturizer (which does not contain “anti-aging” ingredients) thereafter. You may resume your normal daily skin routine 2-3 days after treatment.
- ✓ Sun exposure must be avoided for at least 24 hours after your treatment – preferably 1-2 weeks. If you know you will get incidental sun exposure (i.e. driving to and from work, walking from the car to your house, etc.) we recommend physical avoidance of the sun in all treated areas by using a protective hat and full-spectrum sun block of SPF 30 or higher.
- ✓ Do not use exfoliating medications, chemicals, or products on the treated areas for at least 2-3 days after treatment.
- ✓ No exercise that causes sweating, Jacuzzi, sauna, or steam baths for 24 hours after treatment.
- ✓ Waxing and depilatories can be resumed in 48 hours.