

AquaFacial Pre-Care

In order to make sure you are fully prepared to come in, please be sure to follow these steps. If you have any questions, please don't hesitate to email or call us.

- ✓ Avoid excessive sun exposure, including tanning beds, for 3 days prior to the procedure. Always use sunscreen.
- ✓ No chemical peels for 2 weeks before treatment.
- ✓ Avoid use of Retin-A (OTC or prescription), AHA/BHA, glycolic acid or enzymes for at least 2 days before treatment.
- ✓ Waxing and/or use of chemical depilatories must be avoided for 2 days prior and after treatment. Shaving is *not* recommended on the day of treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.
- ✓ Discontinue use of over-the-counter acne medications, such as benzoyl peroxide and salicylic acid, for 2 days before treatment.
- ✓ Wait 2 weeks after Botox and fillers to undergo treatment. Botox and fillers may be done on the same day, but only after AquaFacial