

## Chemical Peel Pre-Care

Use of AlumierMD home care products prior to your peel are recommended to prepare the skin, allow for better treatment results and reduce the risk of complications. Please consult your provider for appropriate recommendations for your skin type and condition.

- ✓ For best results and to reduce the risk of complications it is recommended that you use AlumierMD home care products 10 to 14 days before treatment.
- ✓ No chemical peels, IPL/laser procedures, radio frequency, microdermabrasion, or laser hair removal 14 days before treatment.
- ✓ Avoid use of Retin-A, AHA/BHA, glycolic acid, salicylic acid for 1 week before treatment.
- ✓ Avoid waxing, threading or any other form of hair removal 7 days before treatment.
- ✓ Avoid Botox or dermal fillers 7 days before treatment.
- ✓ Avoid sun exposure and tanning bed for at least 14 days prior to treatment.

AlumierMD skin treatments result in minimal to no downtime but create dramatic and visible results. Treatment may cause slight redness, tightness, peeling, flaking or temporary dryness. Most patient do not find it necessary to apply makeup, as the skin will be smooth, dewy and radiant following your treatment.